



**Sheffield Place Test Strips for Self-Monitoring of Blood Glucose (SMBG)**

**Self-Monitoring of Blood Glucose (SMBG):** Guidance on selecting an appropriate meter and test strips for people with type 1(T1), type 2(T2) and gestational(G) diabetes mellitus(DM) (see [Sheffield prescribing guidance](#) for further information on monitoring glycaemic control, recommended testing frequency and suggested prescribed quantities and impact of using CGM on this) .

*Please consider whether the patient should test at all.*

Adults with T2DM, GDM and children with DM who require SMBG (unless patient meets restricted criteria [below](#))

Accu-Chek® Instant Meter\*

Prescribe	Cost
Accu-Chek® <b>Instant</b> test strips	£5.95 (50 strips)
Accu-Chek® <b>FastClix</b> Lancets	£5.90 (204 lancets)

T1 DM or ketosis prone T2 DM

T1 DM or ketosis prone T2 DM requiring additional functionality#

Patients with DM who have visual impairment & require a talking meter

**CareSens™ Dual Meter**  
(Sheffield Children’s Hospital- as ketone testing only and use Accu-Chek Instant for BGM )

**GlucoFix® Tech GK Meter**

**On Call® Extra Voice Meter**

Prescribe	Cost
CareSens™ PRO test strips	£9.95 (50 strips)
CareSens™ lancets	£2.95 (100 lancets)
KetoSens™ test strips	£9.95 (10 strips)

Prescribe	Cost
GlucoFix® Tech Sensors test strips	£5.95 (50 strips)
GlucoRx lancets	£4.50 (200 lancets)
GlucoFix® Tech B-Ketone Sensor test strips	£9.95 (10 strips)

Prescribe	Cost
On Call® Extra test strips	£5.20 (50 strips)
On Call® lancets	£2.75 (100 lancets)

#Carbohydrate counting, large display for visual impairment, unable to read English and extra memory for Group 2 drivers

[NHSE commissioning recommendations](#) have been used to guide the choice of meters, test strips and lancets and have been agreed collaboratively with colleagues at Sheffield Teaching Hospital and Sheffield Children’s Hospital. Whilst not in the [NHSE recommendations](#), the \*Accu-Chek Instant meter evaluated well with local diabetes specialist colleagues and the price was reduced in September 2023, making it comparable to other meters recommended by NHSE. Drug Tariff prices: October 2023. Any meter that features in the [NHSE commissioning recommendations](#) can be used locally where the existing local options are deemed unsuitable or clinically inappropriate. The meters above are the first choice for new initiations. If an existing meter is being used by a service to better manage people with diabetes, these meters can continue to be prescribed.

**Supplier Contact Details:**

<b>Meter</b>	<b>Supplier</b>	<b>Contact Details</b>
<p>Accu-Chek® Instant Meter</p> 	<p>Roche Diabetes Care Ltd</p>	<p>Head Office : 01444 256000</p>
<p>CareSens™ Dual Meter</p> 	<p>Spirit Health</p>	<p>Head Office: 0800 881 5423</p>
<p>GlucoFix® Tech GK Meter</p> 	<p>A.Menarini Diagnostics</p>	<p>Head Office: 0118 944 4100</p>
<p>On Call® Extra Voice Meter</p> 	<p>Connect 2 Pharma</p>	<p>Head Office: 020 3307 4646</p>